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YOU CREATE THE MARRIAGE ENVIRONMENT

SAFETY is a foundational element to
a successful marriage.



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It is a **VITAL** component to producing the ideal climate to nurture and grow an intimate marriage.



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The obvious is physical safety, but just
important is **EMOTIONAL** safety



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You can't have **true intimacy**
without **SAFETY**



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There are **two** paths your relationship can take.

In fact, in every interaction between you and your spouse, you have a choice to make.



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You can move towards creating and maintaining a **safe** environment for your relationship, or you can fall into the trap of reacting to one another in ways that make the relational environment feel **insecure** and **unsafe**.



Why is “SAFETY” in marriage so important?

The ❤️ is the **epicenter** of life and relationships. When the ❤️ feels safe, it **opens**. When the ❤️ feels fear or senses a threat, the **closes**.



Why is “SAFETY” in marriage so important?

Safety or fear set in motion chain reactions that lead to very different destinations when it comes to marriage.

It will determine the ❤️ of a couple’s marriage.



SAFETY VS FEAR




What do we mean by Safety?

- I know my spouse **cares** about me
- My feelings, ideas and concerns **matter**
- We **honor** one another, even in conflict
- Our differences are allowed and **valued**
- I feel **heard**
- We each do our part to build **trust** in our relationship
- I can have space if I need it
- We're careful about negative body language
- Anger is **controlled** and honoring
- I feel **understanding** and compassion, **not judgment**
- We really feel like partners & **teammates** not enemies



SAFETY MEANS

YOU FEEL **SAFE** ENOUGH TO OPEN YOUR  AND SAY WHAT AND HOW YOU **TRULY FEEL**, KNOWING THAT YOUR SPOUSE WILL ATTEMPT TO UNDERSTAND AND **VALUE** YOUR POINT OF VIEW.



SAFETY MEANS

EACH OF OUR **GOAL** SHOULD BE TO CREATE A
SAFE ENVIRONMENT FOR OUR MARRIAGE TO
THRIVE!





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